

Arvind Karwan, Ph.D., Licensed Psychologist – 343 W. Drake Rd. Suite 200, Fort Collins, CO 80526 (970)631-5400 – arvind@insightpsychologicalservices.org

DISCLOSURE STATEMENT

- Provider Information:
 Arvind Karwan, Ph.D.
 Licensed Psychologist
 Insight Psychological Services, LLC
 343 W. Drake Rd. Suite 200
 Fort Collins, CO 80526
 (970)631-5400
- Provider Credentials: Licensed Psychologist (PSY.0004149)
 Ph.D., Counseling Psychology, Colorado State University, 2012
 M.S., Counseling Psychology, Colorado State University, 2009
- 3. The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Professions and Occupations. The Board of Psychologist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

As to the regulatory requirements applicable to mental health professionals:

- A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.
- 4. You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time.
- 5. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.
- 6. Dr. Arvind Karwan of Insight Psychological Services, LLC, does not provide 24-hour or emergency therapy services. If you anticipate needing crisis support outside of regularly scheduled therapy sessions, please inform Dr. Karwan prior to beginning therapy so that you can be assisted in finding other area resources that can better meet your needs. Should you become in need of emergency therapy services during your course of treatment with Dr. Karwan, you are advised to pursue one or more of the following resources: 1.) call 911 or 988; 2.) go to the nearest emergency room; 3.) go to Summitstone Health Partners Behavioral Health Urgent Care at 2260 W. Trilby Road, Fort Collins, CO 80526; or 4.) call Colorado Crisis Support at 1-844-493-TALK.
- 7. Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes and the HIPAA Notice of Privacy Practices you were provided, as well as other exceptions in Colorado and Federal law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

I have read the preceding information, it has also been provided verbally, and I understand my rights as a client or as the client's responsible party.

Print Client's Name	
Client's or Responsible Party's Signature	 Date
If signed by Responsible Party, please print name and state relation	aship to client and authority to consent: